

Hawai'i Women Lawyers

February 2004

Upcoming Events

HWL's Fourth Annual Mother's Day Gift Drive

Hawaii Women Lawyers is proud to sponsor its fourth annual Mother's Day Gift Drive. Premised on the idea that every child should have a gift for Mom on Mother's Day, our efforts have grown each successive year to respond to increasing requests for gift bags that contain cosmetics and toiletries. Last year, through your generosity and hard work, we were able to donate 855 gift bags to Ohana Ola O Kahumana, which runs a transitional housing program on the Waianae Coast for homeless families, Domestic Violence Clearinghouse & Legal Hotline, and Friends of Foster Kids. This year, we hope to expand our efforts and double the number of Mother's Day gift bags we are able to distribute.

Please open your hearts and donate that pretty soap that you were saving for a special occasion, the hotel amenities from the last time you stayed at the Four Seasons Hualalai, that Clinique gift with purchase, or the wonderful lotion or makeup bag you received for Christmas. Your contributions become part of beautifully packaged gift bags that are really appreciated by the people who receive them.

Please drop off any items you may have by

Friday, February 20 at any of the following locations:

Alii Place—Ashford & Wriston, 14th Floor; Contact Person: Lynne McGivern

American Savings Bank Tower—Alston Hunt Floyd & Ing, 18th Floor; Contact Person: Cori Lau

Cades Schutte Building—Cades Schutte, 12th Floor; Contact Person: Stacey Djou

Davies Pacific Center—John Child & Co., 23rd Floor; Contact Person: Karen Char

First Hawaiian Center, Watanabe Ing & Kawashima, 23rd Floor; Contact Person: Patsy Kirio

Hawaii Civil Rights Commission, Keeliokalani Bldg., Room 411; Contact Person: Yvonne Lau

Pacific Guardian Center, Mauka Tower—Case Bigelow & Lombardi, 26th Floor; Contact Person: Lauren Sharkey

Pauahi Tower, Ayabe, Chong, 25th Floor; Contact Person: Zale Okazaki

William S. Richardson School of Law — Admissions Office; Contact Person: Tricia Nakamatsu

We also need assistance sorting and assembling the gift bags. We will be working on Sundays beginning on February 22 and continuing through March 28 from 2-6pm. If you can come to help, please call Elizabeth at 261-0400.

Mahalo for your generosity!

HWL's Annual Awards Reception: March 12, 2004

You are invited to attend Hawaii Women Lawyers' 2003 Annual Awards Reception and to join us in honoring the outstanding work and commitment of six distinguished women:

Mari Matsuda - Outstanding Woman Lawyer of the Year
Honorable Marie N. Milks - Outstanding Judicial Achievement Award

Alana W. Lau - Lifetime Achievement Award
Lorraine Robinson - Distinguished Service Award
Karen Char and June R. Lee - President's Award
(see page three for biographies of the awardees)

Friday, March 12, 2004
The Plaza Club, Main Dining Room
900 Fort Street Mall
5:30 p.m. to 7:30 p.m.
\$35 per person

Pupus will be served; beverages will be available by script. Discounted parking will be available in the Pioneer Plaza building after 5 p.m.

To make your reservation, please contact Zale Okazaki at zokazaki@hotmail.com or 537-6119 and mail your check for \$35 per person payable to Hawaii Women Lawyers to her at 2500 Pauahi Tower, 1001 Bishop Street, Hon. 96813, by March 5. Please indicate the names of all your guests with your reservation.

Come and help us honor our extraordinary award winners! We look forward to seeing you on March 12th.

JOIN US FOR DINNER WITH WSRSL LLM STUDENTS

Please join HWL members and friends for dinner with students from Wm. S. Richardson School of Law's first LLM class. Ellen Eichberg (Germany), Svitlana Campbell (Ukraine), and Gretel Sia (Philippines) are lawyers in their home countries and will share their experiences as women lawyers there.

WHEN: Friday, February 20, 6 p.m. **WHERE:** On On Chinese Restaurant—1110 McCully St. (corner of McCully and Young) Parking available at City Bank (diagonally across restaurant) **COST:** \$20 per person. **RSVP:** Dawn Makaula at 521-3255 or dm@miyasaki.com. Please send \$20 check payable to Hawaii Women Lawyers to her by February 13, at ASB Tower, Suite 1030, 1001 Bishop St., Hon. 96813.

President's Column

Joy Miyasaki, HWL President



Happy New Year! We didn't publish the newsletter last month and are sending it this month to all HSBA members to invite them - all of you - to HWL's Annual Awards Reception on March 12th. We hope you'll join us in honoring 6 outstanding women.

Thank you to all of you who supported HWL's activities during the holidays. With your help, we organized a table for the HSBA's December fund-raiser at the Sheraton Waikiki. We, along with other volunteers, served food and beverages to over 2,400 foster children and their family members at the Annual Friends of Foster Kids' Christmas Party held at the NBC Exhibition Hall. We donated 38 boxes of new and "gently-used" children's clothing in our first Kids' Clothing Drive. We donated 350 pounds of goodies and other foodstuff to the Hawaii Foodbank in our second After-Christmas Goodies Drive. We donated some new women's clothing and some money to the Sex Abuse Treatment Center.

HWL is now helping the Legal Aid Society of Hawaii recruit volunteer attorneys for its Partnership in Pro Bono project. (See article on page 6). We will be sending a letter to our members with more information and asking our members to consider serving as pro bono guardians ad litem through Legal Aid.

Thank you for supporting HWL's activities. We look forward to seeing you on March 12th!

— Joy Miyasaki

HWL is a non-profit organization of men and women, founded in 1976, committed to improving the lives and careers of women in all aspects of the legal profession, influencing the future of the legal profession, and enhancing the status of women and promoting equal opportunities for all people.

Write to HWL at P.O. Box 2072; Honolulu, Hawaii 96805 or e-mail questions or submissions for the newsletter to HawaiiWomenLawyers@hotmail.com

CALL FOR HWL PHOTOS!!

HWL is assembling a photo display and needs LOTS of photos of HWL events and members over the past 25+ years. If you have photos we can use, please contact Joy Miyasaki asap at 521-3255 or jmm@miyasaki.com. HWL will scan the photos and return the originals. Thank you for your help!

HWL Board Member speaks on Victim's Leave Act

Board member Shawna J. Sodersten was invited to attend the Summit on the States run by the Center for Policy Alternatives in Washington, D.C. on December 6th and 7th. Ms. Sodersten spoke on Hawaii's recently enacted Victim's Leave Act as part of a panel on economic supports for victims of domestic violence. Hawaii Women Lawyers was a key supporter of the Act, which ensures access to unpaid leave for victims of domestic violence, sex assault and stalking. The leave may be used for certain defined purposes, to allow victims to address threats to their safety and deal with the medical and psychological effects of abuse and related legal cases. The law took effect January 1, 2001. California and Illinois have enacted similar legislation.

The Summit gathered over 200 state legislators, advocates, and activists from across the nation. The annual event, sponsored by the Center for Policy Alternatives, is held in December prior to the opening of the state legislative sessions and is the nation's premier convening of progressive state leaders. The Center for Policy Alternatives, founded in 1975, is the nation's only nonpartisan progressive public policy organization serving state legislators. CPA provides legislators with leadership training, policy tools, and opportunities to network with colleagues across the states.

Taking part in the Jurists in Residence Program is the Hon. Nancy Gertner, Judge of the United States District Court for the District of Massachusetts. Hawaii Women Lawyers will host an informal breakfast for Judge Gertner from 8 - 9am on Wednesday, February 11, 2004 at Carlsmith Ball LLP, 1001 Bishop Street, ASB Tower, Suite 2200. Mark your calendars! A reminder email to HWL members will follow.

2003 HWL ANNUAL AWARD

RECIPIENTS



Mari J. Matsuda - Outstanding Woman Lawyer of the Year.

Mari J. Matsuda has returned to Hawaii as the Johnson Professor of Law at the William S. Richardson School of Law. Visiting Professor Matsuda taught at WSR School of Law for eight years before joining the faculties of the University of California at Los Angeles School of Law and, most recently, Georgetown University Law Center. She is the first female Asian-American tenured professor of law in the United States and was recognized in 1999 by A Magazine as one of the 100 most influential Asian Americans.

Professor Matsuda grew up in California and Hawaii. She received her B.A. from Arizona State University, J.D. from the University of Hawaii William S. Richardson School of Law, and LL.M. from Harvard University. She was Law Clerk to the Honorable Herbert Y.C. Choy, U.S. Court of Appeals for the Ninth Circuit, and an associate at the Honolulu labor law firm, King & Nakamura. She has authored numerous well-known and often-cited articles on constitutional law and jurisprudential issues, including hate speech, affirmative action, and feminist theory. Matsuda is among the handful of legal scholars credited with developing critical race theory. Her books include *We Won't Go Back: Making a Case for Affirmative Action* (co-authored with Charles Lawrence, Houghton Mifflin); *Words that Wound: Critical Race Theory, Assaultive Speech, and the First Amendment* (with Lawrence, Delgado & Crenshaw, Westview Press); and *Where is Your Body?: Essays on Race, Gender and the Law* (Beacon Press). Hawaii Women Lawyers members may be familiar with Matsuda's work as editor of *Called From Within -- Early Women Lawyers of Hawaii* (University of Hawaii Press). Professor Matsuda and her husband, Professor Charles Lawrence, were recipients of the Society of American Law Teachers 2003 Teaching Award, in recognition of their remarkable teaching skills, mentoring and ground-breaking work on affirmative action.

Professor Matsuda serves on national advisory boards of social justice organizations, including the American Civil Liberties Union, the National Asian Pacific Legal Consortium, and Ms. Magazine. By court appointment, she is a member of the Texaco Task Force on Equality and Fairness, assisting in implementation of the largest employment discrimination settlement in U.S. history.



Honorable Marie N. Milks - Outstanding Judicial Achievement Award

Judge Marie N. Milks has had a lengthy and remarkable judicial career. She has been a judge in circuit court and district court for almost twenty-four years and has actively taught others in Hawaii and abroad about the role of the judiciary and the law. From the mid 1980s to the present, she has been on the faculty of the National Judicial College and the National Institute for Trial Advocacy and a charter member of the Aloha Inn Court. For sixteen years, she was an adjunct Professor and volunteer faculty member for the University of Hawaii Law School. Judge Milks was also on the faculty at Harvard Law School for two years. She was a contributing member to the Governor's Committee on Crime from 1987 to 1996, the Faculty Council for the National Judicial College from 1988 to 1991 and 1995 to 1999, the Board of Directors of the Hawaii Institute of Continuing Legal Education from 1988 to 1995, and the American Judicature Society in 2003.

Judge Milks has also been instrumental in helping developing countries formulate an ethical and independent judiciary. In 1993 and 1995 she traveled to Russia to assist with the development of an independent judiciary. In 1997, she was selected by the Asia Foundation to serve as a consultant to the Mongolian Group for the Independence of Judges and Lawyers. While in Mongolia, she helped develop that country's code of ethics and guidelines for judicial conduct. She is a graduate of Columbia University and received her law degree from Georgetown University Law Center. Prior to her judgeship, she was a Deputy Public Defender from 1973 to 1980 and was the acting Public Defender in 1980.

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2003 HWL ANNUAL AWARD RECIPIENTS

Honorable Marie N. Milks - Outstanding Judicial Achievement Award (continued from page three)

Judge Milks' accomplishments are not limited to her professional achievements; she has also contributed greatly to the community. Each year she teaches in the Competency-Based High School Diploma Program and tirelessly volunteers her time to speak and read to students in both public and private schools and to groups from foreign countries. She served on the Board of Directors of the Manoa Valley Theatre from 1984 to 1993, the Girl Scout Council of Hawaii from 1986 to 1998, and as President of the Girl Scout Council of Hawaii from 1998 to 2002. She currently serves on the Make a Wish Foundation Board. One of her most notable contributions to our community comes from her work for over twenty years as a coach for the American Youth Soccer Organization and in particular its VIP Soccer League, which consists of mixed teams composed of youth with and without challenges, where she has coached for the last six years.

Judge Milks is widely regarded as an inspirational mentor to the community, members of the bar, and others in the judiciary. In addition to receiving the 2003 HWL Outstanding Judicial Achievement Award, Judge Milks is also the recipient of the 1997 Hawaii Women Lawyers President's Award and the 1993 Hawaii Women Lawyers Distinguished Service Award.



Alana W. Lau -- Lifetime Achievement Award

Upon graduating from Northwestern University Law School, Alana Wong Lau returned home to Hawaii. In 1951, she was admitted to the Hawaii Bar and tried to find work as an attorney. Unfortunately, at this time WWII veterans were competing for the same employment opportunities. She considered a job with the prosecutor's office but upon learning that the prosecutors "might" want to hire a female attorney to speak to prostitutes and rapists, she decided to forego such work.

Alana became a territorial special deputy attorney general, working in many departments. In the Rights of Way Department of Public Works, her responsibility was to acquire land that would comprise what is now known as Lunalilo Freeway. In the Department of Social Services and Housing, she dealt with prisoners, parole revocation, extradition, and child abuse cases.

As a deputy attorney general, Alana wrote many attorney general opinions. One of her more controversial opinions concerned the lands created by lava flows, which evolved into *State v. Zimring*. In that case, the Hawaii Supreme Court held that under public trust principles, the State, as trustee, has the duty to protect and maintain the trust property and regulate its use. Therefore, new lands created by lava flows were rendered to be State property.

Alana is a pioneer: she and a handful of other women attorneys made it possible for each of Hawaii's women attorneys to not only take it for granted that she is entitled to practice as an attorney, Alana and other pioneering women attorneys made it possible for us to even consider doing so.



Lorraine Robinson, ACSW, LSW, Executive Director, Ka Hale Hoala Hou No Na Wahine (The House of Reawakening for Women) -- Distinguished Service Award

Ka Hale Hoala Hou No Na Wahine, the house of reawakening for women, appropriately named by Haunani Apiolona, refers to a home for women making the transition from prison to our communities. At Ka Hale, countless women have successfully reentered communities after having "fallen through the cracks" of our community and ending up in the Hawaii prison system for various reasons, including poverty, abuse and a lack of access to social services and education. Ka Hale works because of the strength, smarts and love of Lorraine Robinson.

Lorraine and the staff who learn from her at Ka Hale empower women by providing them with the structure, knowledge, support and skills they need to function in the community. Through Ka Hale and its programs many women have been able to reunite with their families, obtain jobs, **Lorraine**

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2003 HWL ANNUAL AWARD RECIPIENTS

Robinson -- Distinguished Service Award (continued from page four)

and sometimes obtain positions where they can assist other women.

Respected experts in social work and corrections recognize the value that Lorraine and Ka Hale have brought to our community. Martin La Barbera, Director of Programs & Training at the Corrections Research Institute, and a consultant to the Federal Department of Justice, was retained by the Hawaii Department of Corrections to provide an independent and "critical review" of Ka Hale. After his review, he noted that he was "exceedingly pleased to be introduced to an **incredibly powerful and compassionate program**" that assists female former offenders, noting that Ka Hale "**has succeeded in developing a structured and mature program that sets strong pro-social standards of attitude and conduct for the women they serve,**" and that the program "and staff have earned the respect and loyalty of their clients," as well as surrounding neighborhoods and families. Meda Chesney-Lind, Ph.D., of the University of Hawaii Women's Studies Program described Ka Hale as among "**the crown jewels in Hawaii corrections.**" Haaheo Mansfield, the Deputy Director of Programs for Parents and Children Together recognized Lorraine's efforts to improve the lives of women, and that under her direction, Ka Hale has "**become nationally recognized as a model program for innovation and best practices.**"

Lorraine has been an advocate of women and children for years. Before joining Ka Hale, Lorraine was a social worker for the Department of Public Safety at the Women's Prison. In 2001, she received the Social Worker of the Year in Corrections and Justice Award from the Hawaii Chapter of the National Association of Social Workers. She has served as a consultant providing technical assistance and training to the Commonwealth of the Northern Mariana Islands for the design and implementation of a correctional treatment facility. She serves on the Board of Advisors to the Dean at the University of Hawaii at Manoa, School of Social Work, and supervises interns from Chaminade University, Argosy University, Hawaii Pacific University, and University of Phoenix. She served as the Chair of the State of Hawaii Substance Abuse Treatment Five Year Strategic Plan, Criminal Justice Sub-Committee. She has served on the Board of Directors of the Hawaii Chapter of the National Association of Social Workers and the Department of Public Safety Women's Community Advisory Board for Gender Responsive Programming. Lorraine has received a Certificate of Commendation from the City Council for Outstanding Work with the Matlock Hale Community Transition program.



Karen Char and June Lee — President's Award

Karen Char's and June Lee's time and talents have taken HWL's projects and HWLF's fund-raising activities to new highs. Karen and June, who are not lawyers, serve on HWLF's board of directors. HWLF is HWL's sister organization and provides funding for HWL's projects.

Karen is the President of John Child & Company. She develops and manages the Company's professional practice that includes real estate consulting, appraisal, and business valuation work. She has 30 years of professional experience and specializes in complex real estate and business valuation cases.

June is an interior designer with over 20 years' experience. She is an active community volunteer and fund-raiser for nonprofit organizations, including Punahou School, Hanahaouli School, and Honolulu Theater for Youth.

With Karen's organizational skills and June's artistry, combined with both of their energy and creativity, HWL's Mother's Day gift project has grown tremendously. (See the front page for more on this project). The project began in 2001, with hopes of distributing "about 10 bankers boxes" of gifts. HWL distributed 855 beautiful gift bags in 2003 and hopes to distribute twice as many this year. Karen and June have taught HWL and HWLF members to make jewelry and Mardi Gras masks which have turned out beautifully and have been sold to raise funds. They have helped HWLF's annual fund-raiser achieve record-breaking levels. And, it's been fun! HWL is grateful for their generous contributions.

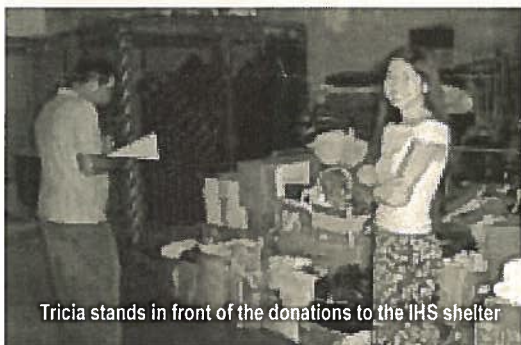
Make a Difference in a Child's Life This Year

The new year brings new opportunities for pro bono service with the Legal Aid Society of Hawaii's Partnership in Pro Bono project. Through this program, Legal Aid aims to provide full representation in civil matters to individuals who would otherwise be unable to afford legal services. Opportunities for participation include service to children as pro bono guardian ad litem (GAL) and representation in family law cases.

Service as a pro bono GAL allows attorneys to help the life of a child at a crucial moment by assuring that the child receives appropriate services and is able to live in a stable, safe home environment. In the midst of court proceedings that can seem frightening and confusing, a GAL can be a familiar and comforting presence. A GAL spends time with her young clients outside of a courtroom setting and bonds with them through personal meetings and interviews. A GAL also functions as a voice for her clients inside the courtroom where she represents the best interests of the child.

Legal Aid's pro bono GAL program is a true collaboration between public and private sectors and Legal Aid is proud to count the Hawaii Women Lawyers and the Hawaii Women's Legal Foundation, among the sponsors and friends of Partnership in Pro Bono. Partnership in Pro Bono aims to serve its volunteer attorneys and its low-income clients by responding to the needs of both. Legal Aid asks volunteer attorneys to take on at least one case per year for full representation in a civil matter. In return, Legal Aid is prepared to provide the volunteer attorney with support at every step along the way. Cases are pre-screened for eligibility, merit and appropriateness for referral and Legal Aid provides access to legal research tools, training, mentoring and administrative support. Should the volunteer attorney find herself unable to pursue representation in any case, Legal Aid will arrange to reassign the case to staff or another volunteer attorney. In addition to the personal satisfaction that is the just reward of public service, volunteer attorneys will gain valuable experience and develop professional skills to aid in future career advancement.

To volunteer for Legal Aid's Partnership in Pro Bono, please contact project manager, Rebecca Anderson at 527-8025 or by email at reander@lashaw.org.



Tricia stands in front of the donations to the IHS shelter

HWL CHILDREN'S CLOTHING DRIVE: A HOLIDAY SUCCESS

Tricia Nakamatsu, Projects Chair

Congratulations and a big MAHALO to all who helped make our First (Annual?) Children's Clothing Drive a huge success! In a little over two weeks (November 12-28), HWL collected 38 boxes of children's clothing and accessories. We also received 8 boxes of additional clothing, toys, books, and toiletries. All donations were greatly appreciated!

COLLECTION & SORTING After much coordination and hard work on the part of our drop-off sites, we were able to round up all of the donations in the days immediately before and after Thanksgiving. Faced with two conference tables

overflowing with donations, several board members bravely dedicated their Sunday-after-Thanksgiving to carefully sorting, folding, and boxing everything in sight. Thank you to the University of Hawaii Law School for providing much-needed storage and workspace!

DISTRIBUTION During the first two weeks of December, our donations were distributed to Child & Family Welfare Services Domestic Violence Shelters (Honolulu & Leeward), Children's Alliance program for foster children, and the Institute for Human Services. All of these organizations were extremely grateful for our support, and some noted the donations were especially helpful during the holiday season, when their need tends to be greatest.

After chairing this, my first ever, HWL event, I must say that everyone's outpouring of support was truly wonderful. I realize that the holidays tend to be hectic for everyone, but thanks to our efforts, a lot of children's holiday season was made that much brighter. Thank you again to everyone that made this event possible, and here's to more HWL successes in 2004!



Tricia with CFS volunteer

A Special Message from Hawaii Women's Legal Foundation President, Irene Anzai

As my term as president of the Hawaii Women's Legal Foundation ends and I look back at this past year, it strikes me that 2003 was a very special year for the Foundation and Hawaii Women Lawyers. As many of you know, the Foundation was originally established in 1982 as a Section 501(c)(3) non-profit corporation so that it could raise funds to support projects of the Hawaii Women Lawyers. Over the years the relationship between the two organizations has gone through various changes but during this last year, the bonds between our two organizations have grown stronger than ever and our collaborative efforts have been amazingly productive. One example of this is HWL's Mother's Day project in which directors and members from both organizations worked closely together to assemble and create 855 beautiful gift bags of toiletries and cosmetics that were distributed to foster children and children in women's shelters so that these children could give their mothers and foster mothers a Mothers' Day gift. Another example of the directors and members from both organizations working together to produce spectacular results is the Foundation's October fundraiser, "Twist and Shout with the Leader of the Pack and Other Wild Things." The fundraiser broke all HWLF records for the most tables sold, the most money made by the silent auction, and the highest net profit ever achieved. The Foundation is very grateful for all of the time and effort contributed by HWL members on various fundraiser committees, both before and during the event, and for all of the tables and seats sold and purchased by HWL members, all of which contributed to the most financially successful fundraiser ever!



Dona Hanaike, Outgoing HWLF Pres
Irene Anzai, Linda Martell

With the money raised by the Foundation, HWLF gives grants to HWL (in 2003, the grant to HWL was \$10,000.00) and to other charitable organizations in Hawaii to support projects that have made a real difference in our community. A few examples of the projects funded in 2003 are as follows: HWLF gave a grant to Ethnic Education Foundation of Hawaii so they can produce multi-lingual radio programs that provide vital information to non-English speaking, immigrant women on how to access legal help in situations of sexual abuse or domestic violence; A grant was given to Mental Health Kokua to purchase appliances and furnishings to be used in a new and critically needed transitional housing facility for the mentally ill on Maui; Funding was provided to The Waikiki Health Center so they can continue to give children from low-income families the physical check-ups and vaccinations these children require to attend school; A grant was given to Turning Point for Families, a new program on the island of Hawaii that provides assistance and counseling for victims of domestic abuse and thereby fills the need for a domestic violence program on that island; A grant was made to help fund Project Visitation so that siblings separated into different foster homes have an opportunity to periodically reunite and thereby maintain their relationship and support for each other. These are just a few examples of the grants made by the Foundation in 2003.

In closing, I just want to express my sincere appreciation and gratitude to all the members of HWL who have worked with the members of the Foundation to help achieve our common goals. My hope is that the bond and productive partnership between our two organizations will continue to develop and thrive during this new year and for many years to come.

Photos from the HWLF annual meeting in January ...



Maura Okamoto, Carol Eblen,
Trini Kaopuiki

Gail Cosgrove, Maura Okamoto, Judge Betty
Vitousek

HWL helps put on holiday party for foster kids ...



Top (L to R): Patsy Kirio, Mazie Hirono, Susan
Kitsu. Botton (L to R): Joy Miyasaki, Yvonne Lau,
Zale Okazaki

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More Upcoming Events . . .

Bungee Boost at the YWCA!

The YWCA invites you to "Bungee Boost: Women Challenging Limits," a series of lunch time presentations by Hawaii's top professional trainers. Bungee Boost was originally developed by Sprint Hawaii and the YWCA as a powerful and successful in-house program for Sprint Hawaii women employees. Now Sprint Hawaii and the YWCA are bringing the program to you!

What: Bungee Boost: Women Challenging Limits" - Monthly talk series sponsored by Sprint Hawaii and the YWCA.

When: 12 noon to 1 p.m.

February 26, 2004, Thursday, 12 noon to 1 p.m.
POWER PACKAGE: LANGUAGE, ATTITUDE, SELF-ESTEEM AND CONFIDENCE
PAM CHAMBERS, Pam Chambers & Associates

March 25, 2004, Thursday, 12 noon to 1 p.m.
CREATING A NEW SELF-IMAGE: DIET, NUTRITION & EXERCISE
GLYNIS RAMIREZ, Personal Trainer, Honolulu Club

April 29, 2004, Thursday, 12 noon to 1 p.m.
SUPERWOMAN SYNDROME: BALANCING PERSONAL & PROFESSIONAL LIVES
KALEI INN, PH.D, Corporate Consultant & Executive Coach

May 27, 2004, Thursday, 12 noon to 1 p.m.
TONGUE FU: COMMUNICATION SKILLS THAT WORK
GWEN FUJIE, Professional Best: Transformational Consultation & Training

June 24, 2004, Thursday, 12 noon to 1 p.m.
MONEY MANAGEMENT SKILLS FOR WOMEN
HELEN WAI, Consultant and Financial Coach

Where: YWCA of Oahu at 1040 Richards Street

Cost: FREE to YWCA members! \$3.00 per session for non-YWCA members.

Lunch: Pre-order a special Cafe Laniakea Box Lunch for \$7.00 or bring your own lunch!

RSVP: Pre-registration encouraged, but walk-ins are welcome! Call: 538-7061, ext. 0 Fax: 521-8416 Email: info@ywcaoahu.org